

# YOUTH FILMS

## FACILITATOR'S GUIDE



**Steps** for the future

# Girlhood



# Keitumetse's House



## Target Audience

Youth and Adults

## Key Issues

Teenage Pregnancy

Broken Homes

Domestic Violence

Orphans

## Film Outline

We meet five teenagers sitting in a café in Cape Town. They are chatting, laughing, enjoying themselves as teenagers do. But these seemingly carefree young women have been through a lot. As each girl tells us her individual story we find out about broken families, teenage pregnancy, loss and abuse.

## Questions For Discussion

- *What feelings does this film evoke in you?*
- *What issues do the teenagers face in this film?*
- *What makes the girls strong?*
- *What other issues and challenges do teenagers face in your society?*
- *How can you support friends who are facing such issues?*

*By: Thembekazi Ndandani, Sihle Mbulawa, Dudu Khumalo, Nomalanga Tyeku, Vanessa Bisa*  
**Mentor Director:** Miki Redelinghuys  
*5 minutes, South Africa*

## Target Audience

Youth and Adults

## Key Issues

Orphans and HIV

Child-headed households

Care and support

## Film Outline

Keitumetse is a young woman whose parents have died. Living in a village in Botswana, she becomes the sole breadwinner of the family and takes on the role of the parent, raising both her younger siblings and her son. She joins the organisation CEYOH, where she finds support and strength. Through her work she learns to live a positive and healthy life.

## Questions For Discussion

- *How does the film make you feel?*
- *What issues does this film raise?*
- *What challenges do orphans and vulnerable children face?*
- *What does Keitumetse do to cope with her situation?*
- *What could her brothers do to make it easier for them to live together?*
- *Why do you think it helps to join a group where others are dealing with similar situations?*

**Director:** Chipso Laba  
**Main character/Narrator:** Keitumetse Keadilwe  
*7 minutes, Botswana*

# Khoko's Story



# Kwere Kwere



## Target Audience

Children, Youth and Adults

## Key Issues

Friendship

Being affected by HIV

Care and support

## Film Outline

We meet three friends: Akhona, Sibabalwe and Kuthala. Akhona helps take care of her mother who is HIV positive. Her two friends support her during this difficult time, playing with her and assisting her at school. This short film shows us how important love and friendship are to people living or dealing with HIV.

## Questions For Discussion

- How does the film make you feel?
- What is the message of the film?
- How did Akhona deal with her mother being ill?
- How do Khuthala and Sibalwe help Akhona deal with her situation?
- Would you disclose your own HIV positive status or that of a family member? Why?
- How can you support someone, who is living with HIV or has got a relative or loved one living with HIV?

**By:** Akhona Mangwane, Sibabalwe Nxadi, Kuthala Xhaka  
**Mentor Directors:** Miki Redelinghuys, Tim Wege  
7 minutes, South Africa

## Target Audience

Youth and Adults

## Key Issues

Stigma and discrimination

Racism

Xenophobia

## Film Outline

Vanessa is originally from Angola and is living in Cape Town. She interviews her peers at school about their experiences, thoughts and feelings towards people from different backgrounds. Vanessa decides to stay strong and positive, even as she finds out that prejudice seem to exist in every group.

## Questions For Discussion

- How do you feel after watching this film?
- What issues does this film raise?
- Have you ever experienced discrimination? How did it make you feel?
- How does xenophobia affect you and your community?
- Do you have separation in your school and community and how do you deal with it?
- Why do people discriminate against others?
- What can we learn from people from different cultural backgrounds?
- What can young people do to prevent xenophobia in the future?

**By:** Liliane Limenyande, Juliette Dusabe, Vanessa Elizabeth Mario, Jimmy Yasser Buchana  
**Mentor Director:** Tim Wege  
8 minutes, South Africa

# Marafiki



# MXit



## Target Audience

Children, Youth and Adults

## Key Issues

Living with HIV

Disclosure

Orphans

Stigmatisation and discrimination

Care and support

Hope and dreams

## Film Outline

Shot in Zanzibar, Marafiki (friends) is a story about two girls dealing with their HIV positive status and the discrimination they face. With the help of friends, family and a support group, these two strong characters learn not to lose hope as they tell us their plans for the future.

## Questions For Discussion

- How do you feel about this film?
- What issues does this film raise?
- Why do we stigmatise and discriminate people living with HIV?
- What would you do if you would found out that you were HIV positive?
- What helped the two girls to accept themselves and stay strong?
- What would you do to encourage Haulat and Mgeni to achieve their dreams?
- How can we support people who are affected by HIV and AIDS?

*By: Mgeni Ally Ahmed,  
Haulat Yussuf Jumea,  
Salma Said Tumba, Abeid S.  
Said, Sharifa Seif Ibrahim,  
Ali Said Mohammed*

**Mentor Director:** Carrie Matiku, Laurence Dworkin  
*12 minutes, Zanzibar*

## Target Audience

Youth and Adults

## Key Issues

Use of MXit amongst young people

## Film Outline

There's a new craze in Cape Town. MXit: a cellphone service that allows you to send messages at a very low cost, giving kids the chance to have long chats with both friends and strangers. While some kids at Kensington High School enjoy the benefits of this form of socialising, others view it more critically. Youth interview their peers about the advantages and disadvantages of MXit

## Questions For Discussion

- What are the benefits and downsides of MXit?
- Are you on an instant messaging application and if yes, why?
- Have you or do you know someone who has had bad experiences with instant messaging?
- Should MXit be banned at schools? Why?
- Is there a danger of using things like MXit or the Internet for meeting people?
- What might those dangers be? How can we prevent it?

*By: Chad Dehahn, Ayesha Gasnola, Mishkah Kahn, Simone Lenders, Luzuko Mahlanza, Xolani Masango, Ilhaam Nazier, Ralton Pillay, Shanet Rutgers, Zita Sables, Tasneem Samodien, Shanice Viljoen*  
**Mentor Director:** Tim Wege  
*5 minutes, South Africa*

# Never too late



# Tariro



## Target Audience

Youth and Adults

## Key Issues

Single Parenthood

Property grabbing

Dependency

Importance of education

Hope

## Film Outline

Harriet Kawelenga has not had an easy life; forced to drop out of school after her father's death, having her property taken away and bearing two children without a partner to support her, she is now the sole provider for both her children and her mother. Despite it all, she recognises that it is never too late to change one's life and decides to continue with her education.

## Questions For Discussion

- *How do you feel about Harriet's story?*
- *What is the message of this film?*
- *Harriet hoped to get married and be taken care of. How do you feel about this?*
- *What gave Harriet the strength to take charge of her own life?*
- *Harriet's dream is to become a nurse – what are your dreams, and what steps can you take to make them come true?*
- *How important is education to you? Why?*
- *How do you feel about the saying: Never too late?*

*By: Harriet Kawelenga (main character, narrator), Moses Tembwe, Ellen Yesaya, Foliat, Kafulatira, Noa Khwidzi, Kukhosi Nguluwe, Charity Misiyasi, Lovenes Jamiton, Rodrick Mwangwanyama*  
**Mentor Director:** Villant Ndasowa  
*8 minutes, Malawi*

## Target Audience

Youth and Adults

## Key Issues

Living with HIV

Rape

Disclosure

Care and support

Breadwinner

Hope

## Film Outline

Tecla Tambandini was raped as a young girl. Since then she has lived with HIV. Selling vegetables at the market the 24 year old is also the sole breadwinner of the family, taking care of her mother and two younger siblings. Despite it all, she hasn't given up and has learnt to take control of her life.

## Questions for Discussion

- *How does the film make you feel?*
- *What lessons can you learn from Tecla?*
- *What has helped Tecla deal with her situation?*
- *Why is it important to know your HIV status?*
- *Tecla's dream is that one day we can have an HIV-free generation – what can you do to achieve this dream?*

*By: Tecla Tambandini Bruce Musarurwa, Tinashe Mutsonziwa, Tevedzerai Chimuti, Yemurai Nyoni*  
**Mentor Director:** Rumbi Katedza  
*10 minutes, Zimbabwe*

# Thinking about it



## Target Audience

Youth and adults

## Key Issues

Sex and sexual relations

Condom use

Abstinence

Peer pressure

Transactional sex

**By:** Amos Kaluba, Andrea Zulu, Angela Njunju, Evans Chilufya, Francis Jere, Melron Mwaba, Moses Mulenga, Sebastian Mwape, Sipiwe Chuma, Victoria Chabinga

**Mentor Director:**  
Mali Kambandu-Nkhoma  
13 minutes, Zambia

## Film outline

*A group of Zambian youth talk openly about sex and their personal sexual encounters. As they share their experiences, a wide range of values and morals concerning sexual behaviours are discussed. From abstinence to condom use and peer pressure, we get a glimpse of what is on young peoples' minds.*

## Questions For Discussion

- *How does this film make you feel?*
- *Melron believes that condoms encourage people to have sex at an early age and with multiple partners. Moses and Sebastian do not agree. How do you feel about condoms?*
- *What is better - promoting abstinence or use of condoms? Why?*
- *Angela feels that peer pressure influences girl's decisions to have sex. What do you think?*
- *How can one avoid being pressured into having sex?*
- *How do you feel about young people living in poverty having sex for money?*
- *Can you talk about sex with your parents? If not, what makes it difficult?*